

## Spontaneous bacterial peritonitis caused by *Raoultella planticola* - a rare case with literature review

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### Summary

*Raoultella planticola* are Gram-negative bacteria that cause very rarely infections and affect mainly immunocompromised patients. We present the case of a 76-year-old man, with past medical history of alcoholic liver cirrhosis Child-Pugh B and insulin-dependent type 2 diabetes mellitus that was diagnosed with spontaneous bacterial peritonitis caused by *R. planticola*, which was successfully treated with ceftriaxone. To our knowledge this is the second documented report of *R. planticola* infection in a cirrhotic patient and spontaneous bacterial peritonitis.

**Key words.** Peritonitis, alcoholic liver cirrhosis, gram-negative bacteria.

### Peritonitis bacteriana espontánea causada por *Raoultella planticola* - Caso raro con revisión de la literatura

#### Resumen

*Raoultella planticola* es una bacteria Gram-negativa que raramente causa infecciones y afecta especialmente a pacientes inmunocomprometidos. Se presenta el caso de un paciente de sexo masculino, de 76 años, con antecedentes personales de cirrosis hepática alcohólica Child-Pugh B y diabetes mellitus tipo 2 insulinotratada, con diagnóstico de peritonitis bacteriana espontánea causada por *R. planticola*, tratada con éxito con ceftriaxone. Después de la revisión bibliográfica hemos constatado que este es el segundo caso de infección documentada en un paciente con cirrosis hepática por *R. planticola* y peritonitis bacteriana espontánea.

**Palabras claves.** Peritonitis, cirrosis hepática alcohólica, bacterias gram-negativas.

#### Abreviaturas

*R. planticola*: *Raoultella planticola*

SBP: spontaneous bacterial peritonitis

*Raoultella planticola* (*R. planticola*) are Gram-negative bacteria that cause essentially opportunistic infections in immunocompromised patients as they are not a highly virulent pathogen.<sup>1</sup> They are emerging pathogens and the number of case reports relating its infectious potential has been increasing over the past years. There is yet only

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one supposed report of a spontaneous bacterial peritonitis (SBP) to this microorganism. In regard to this, our aim is to describe the second case report of an SBP to *R. planticola* and to review the literature about *R. planticola* infections.

### Case report

A 76-year-old man was hospitalized in the gastroenterology ward for ascites and dyspnea. His past medical history was relevant for alcoholic liver cirrhosis (now abstinent) Child-Pugh B (8 points) with portal hypertension and a previous episode of decompensation by esophageal varices rupture, with a regular follow-up in the gastroenterology consultation, with no previous history of SBP. He also had insulin-dependent type 2 diabetes mellitus. He was medicated with furosemide, spironolactone, lactitol and insulin.

The patient has presented to the Emergency Department after a fall from his own height which resulted in a trochanteric fracture of the left femur. As he showed concomitantly ascites and a right pleural effusion, with consequent dyspnea, he was transferred to the gastroenterology ward for preoperative stabilization. At the physical exam he had hepatic encephalopathy grade 1, diminished vesicular murmur on the bottom half of the right thorax and tension ascites. Laboratory blood tests showed a normocytic normochromic anemia with a hemoglobin of 10.7 g/dL, thrombocytopenia of 39000/uL, a prolonged INR of 1.6, normal liver tests except for elevated total bilirubin, of 2.4 mg/dL (at the expense of the unconjugated fraction), hypoalbuminemia of 2.8 g/dL, creatinine of 1.7 mg/dL, urea of 45 mg/dL and C-reactive protein of 2.6 mg/dL. At this point, he had a Child-Pugh score of 10 (class C) and a MELD of 20. Chest X-ray showed a right pleural effusion on the bottom half of the right thorax, with no consolidations or images suggestive of pneumonia. We performed both paracentesis and thoracentesis. In the ascitic fluid the serum-ascites albumin gradient was 0.9, suggestive of portal hypertension and 3394 neutrophils/uL were observed, which was compatible with a SBP. On the cultural microbiologic exam (in Bactec) *R. planticola* was isolated, sensitive to ceftriaxone, with no other microorganisms. In the pleural fluid (PF) showed a PF/serum protein of 0.2, PF/serum LDH of 0.3 and a PF LDH 2/3 inferior to the serum LDH, characteristics suggestive of a hepatic hydrothorax, and the microbiologic exam was negative. Urine and blood cultures were also negative. The patient completed seven days of ceftriaxone and the standard protocol of albumin for SBP with a good clinical and laboratorial response, namely a fall of 30% in the neutrophils of the ascitic fluid 48 hours after the initiation of the antibiotic. The patient achieved reasonable ventilatory conditions and was transferred to the orthopedics ward and submitted to a reduction of the

fracture. Nevertheless, he developed nosocomial pneumonia to *Escherichia coli* which lead to acute-on-chronic liver failure stage 3 and, subsequently, his death.

### Discussion

The bacteria of the genus *Raoultella* are *Enterobacteriaceae* that have been isolated in various environments such as plants, soil, water, food, animals and humans,<sup>1</sup> where they can colonize the upper respiratory or the digestive tracts<sup>2</sup> - rarely both - and they can also survive in the hospital environments.<sup>3</sup> Four species belong to the genus: *R. planticola*, *Raoultella ornithinolytica*, *Raoultella terrigena* and *Raoultella electrica*.<sup>1</sup> *Raoultella* spp. have been recognized as increasingly important pathogens in recent years. The most important - for its clinical significance - are *R. planticola* and *R. ornithinolytica* strains.<sup>1</sup> *Raoultella* is not a highly virulent pathogen and the pathogenesis of infection is related to the presence of lipopolysaccharide, polysaccharide capsule, fimbriae, siderophores, toxin, hydrolytic enzymes, bacteriocins and its ability to form biofilm.<sup>1</sup>

After the identification of *R. planticola* in 1981, the first report of a human infection was published in 1984 in a patient with sepsis<sup>4</sup> and until December 2017 there have been 45 published case reports,<sup>1, 5-19</sup> and there is also a recent case series which comprises 42 cases of infection by this microorganism.<sup>10</sup> The infection sites are listed by frequency: bloodstream infections (32 cases), urinary tract infection (16 cases), pneumonia (11 cases), cholangitis (5 cases), pancreatitis (3 cases), cholecystitis (3 cases), conjunctivitis (2 cases), surgical site infection (3 cases), secondary bacterial peritonitis (2 cases), joint infection (2 cases), prostatitis (1 case), cellulitis (1 case), necrotizing fasciitis (1 case), enterocolitis (1 case), oral mucositis (1 case), infection of a cardiac implantable electronic device (1 case), liver abscess (1 case) and dialysis-related peritonitis (1 case).

Another important aspect to emphasize is the immunocompromised state of almost all patients, with considerable underlying comorbidities. The main pointed risk factors for infection by these genera are: <sup>1, 14</sup> enteral feeding tubes; premature, newborns and infants; prolonged hospitalization in ICU; long-term antibiotic therapy; chemotherapy and cancer; steroid use; diabetes mellitus and chronic renal insufficiency; endoscopic procedure and catheters. Until now, there has been only one report of this infection in a cirrhotic patient, presumably due to SBP,<sup>16</sup> although infections in cirrhosis are prevalent, in particular SBP, which affects 10 to 33% of cirrhotic hospitalized patients and portends high short-term mortality,<sup>20</sup> and is mainly related to renal dysfunction and elevated MELD score (both present in this patient).

*R. planticola* is usually antibiotic sensitive and these infections have typically been treated with third - to fourth-generation cephalosporins (as in this case report) or fluoroquinolones (alone or with aminoglycosides).<sup>1</sup> Nevertheless, they can acquire genes of antibiotic resistance, which may affect an increase in isolation of multi-drug-resistant strains.<sup>1</sup>

With this case we pretend to advertise for two important aspects of the infection by *R. planticola*: the potential of infecting cirrhotic patients – which constitutes a state of immunosuppression – and of causing SBP, a severe infection in these patients.

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Concept and design: JCB, JR.

Analysis and interpretation of the data: JCB, AO.

Article writing: JCB, AO, DH.

Content review: DH, JR.

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